

SOFTBALL FEVER SUMMER CAMP

** New One Day Format **

SCHEDULE:

10:00 – 10:15 - Check-in & Welcome
10:15 - 10:30 - Warm Up
10:30 - 11:05 - Skills
11:05 - 11:40 - Skills
11:40 – 11:45 - Switch Diamonds
11:45 - 12:20 – Skills
12:20 – 12:55 - Skills
12:55 – 1:45 - LUNCH
1:45 - 2:30 - Skills
2:30 - 3:15 - Skills
3:15 - 3:30 – Switch Diamonds
3:30 - 4:15 - Skills
4:15 - 5:00 - Skills
5:00 - Home Time

SKILLS COVERED:

- THROWING
- GROUNDERS
- BUNTING
- OUTFIELD
- PITCHING
- CATCHING
- HITTING
- BASERUNNING
- SLIDING

CAMP FEATURES:

- * 5 hrs. of Softball
- * Souvenir from camp
- * small group instruction
- * each player will be assigned to a group of no more than 14 which will travel as a group through various instructional "stations"
- * each group will have a team leader to assist and guide them through the stations

LOCATIONS:

Swift Current

Contact: Mark Dobson @ 778-6772
(Please register directly through the Softball Saskatchewan office!)

Bring with you and put name on:

-ball glove – bat - old sweat pants - filled water bottle - sweater or jacket - mosquito repellent - sun screen - home plate (cut out of carpet or other soft material) - lunch (unless parents can take you for lunch) – gloves for sliding

**FOR GIRLS & BOYS
SQUIRT/PEE WEE
OR BANTAM**

**NOW AVAILABLE FOR
HOSTING THROUGHOUT
THE PROVINCE**

**SWIFT CURRENT
MAY 8th**

REGISTRATION FEE

\$30.00

(Made Payable to Softball Saskatchewan)

Deadlines: April 23, 2010

Instructors:

- Former Western Canada & Canada Games Team Players
- Senior A & B Players (with Western & Canadian Championship experience)

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

EMAIL/Fax #: _____

PHONE: _____

YEAR OF BIRTH: 99 98 97 96 95 94 Female or Male

CAMP YOU WISH TO ATTEND:

SWIFT CURRENT

DEADLINES: APRIL 23, 2010

tear off and send

A confirmation letter will be sent out after the registration deadline with group time & location. For faster response please include an adult's email address or fax #.

ADULT T-shirt Sizes: S M L XL

If you register after deadline date, we can not guarantee t-shirt size!

Send Reg. To: Softball Saskatchewan
Softball Fever
2205 Victoria Ave.
Regina, Saskatchewan
S4P 0S4

No return on registration after this date unless spot can be filled from waiting list. Refund subject to a \$10 Admin. Fee.